Marching Band Sign-Up Checklist

St. Petersburg High School Green Devil Band 2021-2022 Marching Band Registration Checklist All forms need to be submitted in a **complete packet**. **Students will not be allowed to participate until all the necessary forms have been submitted**.

Start with the Band Member Information form. You may choose to register online.

Please check:

- All required information has been filled-out on each form.
- Required forms are properly signed and dated.
- Incomplete packets will not be accepted. Make sure your packet has been reviewed and approved by a board member or band director.

The Pinellas County School District and the Pinellas County School Board requires forms, waivers and proof of insurance prior to allowing a student to participate in extracurricular activities. Please be prompt and help us comply. **If you expect a delay on any form, let a board member know.**

Your package contains:

	FORMS	Signature Required	OFFICE USE Completed
1	Marching Band Sign-Up Checklist	-	
2	Band Member Information Form (Only include this form in the packet, if you have not registered online.)	Yes	
3	Green Devil Band Member Responsibilities	Yes	
5	Consent and Release from Liability - 4 pages	Yes	
6	High School Activities Participation & Physical - 13 pages	Yes	
7	Addendum to High School Activities	Yes	
8	Media Release	Yes	
9	Field Trip/Activities Permission	Yes	
10	Band Booster Financial Assistance Request (Optional)	No	
12	School Accident Insurance Card or Proof of Insurance	No	
13	COVID-19 Release Form	Yes	

St. Petersburg High School Green Devil Band 2021-2022

Band Member Information Form

Student name:					
Grade during school	year 2021-2022 :				
Student cell: (_)				
Student email:					
Marching Band instru	ment(s):		_ <i>or</i> Visual E	insemble?	Yes
	I, M - medium , L - large, XL -			(Male / Fema	ale)
-	Vegetarian Vegan				
(Students are sometimes	provided meals such as a hot	dog, burger, other snack, a	nd drink.)		
(1) Parant/Guardian	We only se	ase enter your email a end out band annound	cements.)	
(I) Parent/Guardian	name:)	<u> </u>
Email:					
Best way to contact:	Phone or email or tex	t? (circle any that app	vly)		
(2) Parent/Guardian	name:	Pł	hone:_()		
Email:					
Best way to contact:	Phone or email or tex	t? (circle any that apply	Y)		
-	Parents! 1 ularly sends emails abou uld appreciate it if you co	• •	rs of voluntee		-
<pre>Uniforms: Concessions: Chaperones:</pre>	Uniform upkeep/fitting Shoppers, grill, cashier, Accompany group to/fr	etc. This is a major fur			[]
Food donations:	Donate snacks or hot d	ogs for camps, games o	or competitio	ns	02

Assist with a variety of fundraising idea brainstorming and projects __Fundraising:

St. Petersburg High School Green Devil Band 2021-2022

Green Devil Band Member Responsibilities

Student name: _____

As a member of the Green Devil Marching Band, recognizing my importance to this community, I will:

- Arrive to rehearsals on time and be prepared. _____ (initials)
- Treat those around me, adults and peers, with respect. _____ (initials)
- Communicate schedule conflicts and absences. _____ (initials)

• Read the *Green Devil Band Student and Parent Handbook*. _____ (initials) A link to the handbook can be found on the Band's website on the *Band Forms* page: <u>http://www.greendevilband.com/band-forms.html</u>

By signing I am agreeing to the policies set forth in the Student/Parent handbook. I am also committing to do my best as a member of the Green Devil band this season.

Student signature: _____Date: ____Date: _____Date: ____Date: ____D

Parent signature: _____Date _____Date _____

Florida High School Athletic Association



School:

Consent and Release from Liability Certificate (Page 1 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature. This form is non-transferable; a change of schools during the validity period of this form will require this form to be re-submitted.

School District (if applicable):

Part 1. Student Acknowledgement and Release (to be signed by student at the bottom) I have read the (condensed) FHSAA Eligibility Rules printed on Page 4 of this "Consent and Release Certificate" and know of no reason why I am not eligible to represent my school in interscholastic athletic competition. If accepted as a representative, I agree to follow the rules of my school and FHSAA and to abide by their decisions. I know that athletic participation is a privilege. I know of the risks involved in athletic participation, understand that serious injury, including the potential for a concussion, and even death, is possible in such participation, and choose to accept such risks. I voluntarily accept any and all responsibility for my own safety and welfare while participating in athletics, with full understanding of the risks involved. Should I be 18 years of age or older, or should I be emancipated from my parent(s)/guardian(s), I hereby release and hold harmless my school, the schools against which it competes, the school district, the contest officials and FHSAA of any and all responsibility and the schools against which it competes, the school district fue contest officials and FHSAA of any and all responsibility and the schools against which it competes, the school district fue contest officials and FHSAA of any and all responsibility and the schools against which it competes, the school district fue contest officials and FHSAA of any and all responsibility and the schools against which is competed to take a long location contest. liability for any injury or claim resulting from such athletic participation and agree to take no legal action against FHSAA of any and air responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against FHSAA because of any accident or mishap involving my athletic participation. I hereby authorize the use or disclosure of my individually identifiable health information should treatment for illness or injury become necessary. I hereby grant to FHSAA the right to review all records relevant to my athletic eligibility including, but not limited to, my records relating to enrollment and attendance, academic standing, age, discipline, finances, residence and physical fitness. I hereby grant the released parties the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. The released parties however are under no obligation to everice said rights herein. Lunderstand that the authorizations and rights caranted herein are voluntary. limitation. The released parties, however, are under no obligation to exercise said rights herein. I understand that the authorizations and rights granted herein are voluntary and that I may revoke any or all of them at any time by submitting said revocation in writing to my school. By doing so, however, I understand that I will no longer be eligible for participation in interscholastic athletics.

Part 2. Parental/Guardian Consent, Acknowledgement and Release (to be completed and signed by a parent(s)/guardian(s) at the bottom; where divorced or separated, parent/guardian with legal custody must sign.)

I hereby give consent for my child/ward to participate in any FHSAA recognized or sanctioned sport **EXCEPT** for the following sport(s): A.

List sport(s) exceptions here

I understand that participation may necessitate an early dismissal from classes. B

I know of, and acknowledge that my child/ward knows of, the risks involved in interscholastic athletic participation, understand that serious injury, and even death, is possible in such participation and choose to accept any and all responsibility for his/her safety and welfare while participating in athletics. With full understanding of the risks involved, I release and hold harmless my child's/ward's school, the schools against which it competes, the school district, the contest officials and FHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against the FHSAA because of any accident or mishap involving the athletic participation of my child/ward. I authorize emergency medical treatment for my child/ward should the need arise for such treatment while my child/ward is under the supervision of the school. I further hereby authorize the use or disclosure of my child's/ward's individually identifiable health information should treatment for illness or injury become necessary. I consent to the disclosure to the FHSAA, upon its request, of all records relevant to my child/ward's I grant the released parties the right to photograph and/or videotape my child/ward and further to use said child's/ward's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein.

I am aware of the potential danger of concussions and/or head and neck injuries in interscholastic athletics. I also have knowledge about the risk of continuing to D participate once such an injury is sustained without proper medical clearance.

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF MY CHILD'S/WARD'S SCHOOL, THE SCHOOLS AGAINST WHICH IT COMPETES, THE SCHOOL DISTRICT, THE CONTEST OFFICIALS AND FHSAA USES REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOUR CHILD MAY BE SERI-OUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM MY CHILD'S/WARD'S SCHOOL, THE <u>SCHOOLS AGAINST WHICH IT COMPETES, THE SCHOOL DISTRICT, THE CONTEST OFFICIALS AND FHSAA IN</u> A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO RE-FUSE TO SIGN THIS FORM, AND MY CHILD'S/WARD'S SCHOOL, THE SCHOOLS AGAINST WHICH IT COMPETES, THE SCHOOL DISTRICT, THE CONTEST OFFICIALS AND FHSAA HAS THE RIGHT TO REFUSE TO LET YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

E.	I agree that in the event we/	I pursue litigation seeki	ng injunctive relief or	other legal action i	mpacting my child	l (individually) or my	child's team participa-
<u>tion i</u>	<u>n FHSAA state series contes</u>	ts, such action shall be	<u>filed in the Alachua C</u>	<u>County, Florida, Cir</u>	<u>cuit Court.</u>	· · · ·	

F. I understand that the authorizations and rights granted herein are voluntary and that I may revoke any or all of them at any time by submitting said revocation in writing to my school. By doing so, however, I understand that my child/ward will no longer be eligible for participation in interscholastic athletics.

Please check the appropriate box(es):

My child/ward is covered under our family health insurance plan, which has limits of not less than \$25,000.

Company:

My child/ward is covered by his/her school's activities medical base insurance plan.

I have purchased supplemental football insurance through my child's/ward's school.

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (Only one parent/guardian signature is required)

Policy Number:

Name of Parent/Guardian (printed)

Name of Parent/Guardian (printed)

Signature of Parent/Guardian

Revised 03/18

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I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (student must sign)

Name of Student (printed)

Signature of Student

Date

Date



Florida High School Athletic Association

Revised 03/18

Consent and Release from Liability Certificate for Concussions (Page 2 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

School:

School District (if applicable):

Concussion Information

Concussion is a brain injury. Concussions, as well as all other head injuries, are serious. They can be caused by a bump, a twist of the head, sudden deceleration or acceleration, a blow or jolt to the head, or by a blow to another part of the body with force transmitted to the head. You can't see a concussion, and more than 90% of all concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. All concussions are potentially serious and, if not managed properly, may result in complications including brain damage and, in rare cases, even death. Even a "ding" or a bump on the head can be serious. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, your child should be immediately removed from play, evaluated by a medical professional and cleared by a medical doctor.

Signs and Symptoms of a Concussion:

Concussion symptoms may appear immediately after the injury or can take several days to appear. Studies have shown that it takes on average 10-14 days or longer for symptoms to resolve and, in rare cases or if the athlete has sustained multiple concussions, the symptoms can be prolonged. Signs and symptoms of concussion can include: (not all-inclusive)

- Vacant stare or seeing stars
- · Lack of awareness of surroundings
- Emotions out of proportion to circumstances (inappropriate crying or anger)
- · Headache or persistent headache, nausea, vomiting
- Altered vision
- · Sensitivity to light or noise
- Delayed verbal and motor responses
- Disorientation, slurred or incoherent speech
- Dizziness, including light-headedness, vertigo(spinning) or loss of equilibrium (being off balance or swimming sensation)
- · Decreased coordination, reaction time
- · Confusion and inability to focus attention
- Memory loss
- Sudden change in academic performance or drop in grades
- · Irritability, depression, anxiety, sleep disturbances, easy fatigability
- In rare cases, loss of consciousness

DANGERS if your child continues to play with a concussion or returns too soon:

Athletes with signs and symptoms of concussion should be removed from activity (play or practice) immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to sustaining another concussion. Athletes who sustain a second concussion before the symptoms of the first concussion have resolved and the brain has had a chance to heal are at risk for prolonged concussion symptoms, permanent disability and even death (called "Second Impact Syndrome" where the brain swells uncontrollably). There is also evidence that multiple concussions can lead to long-term symptoms, including early dementia.

Steps to take if you suspect your child has suffered a concussion:

Any athlete suspected of suffering a concussion should be removed from the activity immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from an appropriate health-care professional (AHCP). In Florida, an appropriate health-care professional (AHCP) is defined as either a licensed physician (MD, as per Chapter 458, Florida Statutes), a licensed osteopathic physician (DO, as per Chapter 459, Florida Statutes). Close observation of the athlete should continue for several hours. You should also seek medical care and inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than to have your life changed forever. When in doubt, sit them out.

Return to play or practice:

Following physician evaluation, the *return to activity process* requires the athlete to be completely symptom free, after which time they would complete a step-wise protocol under the supervision of a licensed athletic trainer, coach or medical professional and then, receive written medical clearance of an AHCP.

For current and up-to-date information on concussions, visit http://www.cdc.gov/concussioninyouthsports/ or http://www.seeingstarsfoundation.org

Statement of Student Athlete Responsibility

Parents and students should be aware of preliminary evidence that suggests repeat concussions, and even hits that do not cause a symptomatic concussion, may lead to abnormal brain changes which can only be seen on autopsy (known as Chronic Traumatic Encephalopathy (CTE)). There have been case reports suggesting the development of Parkinson's-like symptoms, Amyotropic Lateral Sclerosis (ALS), severe traumatic brain injury, depression, and long term memory issues that may be related to concussion history. Further research on this topic is needed before any conclusions can be drawn.

I acknowledge the annual requirement for my child/ward to view "Concussion in Sports-What You Need to Know" at www.nfhslearn.com. I accept responsibility for reporting all injuries and illnesses to my parents, team doctor, athletic trainer, or coaches associated with my sport including any signs and symptoms of CONCUSSION. I have read and understand the above information on concussion. I will inform the supervising coach, athletic trainer or team physician immediately if I experience any of these symptoms or witness a teammate with these symptoms. Furthermore, I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	_/	/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	/	/



Florida High School Athletic Association Consent and Release from Liability Certificate for

Sudden Cardiac Arrest and Heat-Related Illness (Page 3 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

School:

School District (if applicable):

Sudden Cardiac Arrest Information

Sudden cardiac arrest is a leading cause of sports-related death. This policy provides procedures for educational requirements of all paid coaches and recommends added training. Sudden cardiac arrest is a condition in which the heart suddenly and unexpectedly stops beating. If this happens, blood stops flowing to the brain and other vital organs. SCA can cause death if it's not treated within minutes.

Symptoms of sudden cardiac arrest include, but not limited to: sudden collapse, no pulse, no breathing.

Warning signs associated with sudden cardiac arrest include: fainting during exercise or activity, shortness of breath, racing heart rate, dizziness, chest pains, extreme fatigue.

It is strongly recommended all coaches, whether paid or volunteer, are regularly trained in CPR and the use of an AED. Training is encouraged through agencies that provide hands-on training and offer certificates that include an expiration date.

Automatic external defibrillators (AEDs) are required at all FHSAA State Series games, tournaments and meets. The FHSAA also strongly recommends that they be available at all preseason and regular season events as well along with coaches/individuals trained in CPR.

What to do if your student-athlete collapses:

- 1. Call 911
- 2. Send for an AED
- 3. Begin compressions

FHSAA Heat-Related Illnesses Information

People suffer heat-related illness when their bodies cannot properly cool themselves by sweating. Sweating is the body's natural air conditioning, but when a person's body temperature rises rapidly, sweating just isn't enough. Heat-related illnesses can be serious and life threatening. Very high body temperatures may damage the brain or other vital organs, and can cause disability and even death. Heat-related illnesses and deaths are preventable.

Heat Stroke is the most serious heat-related illness. It happens when the body's temperature rises quickly and the body cannot cool down. Heat Stroke can cause permanent disability and death.

Heat Exhaustion is a milder type of heat-related illness. It usually develops after a number of days in high temperature weather and not drinking enough fluids.

Heat Cramps usually affect people who sweat a lot during demanding activity. Sweating reduces the body's salt and moisture and can cause painful cramps, usually in the abdomen, arms, or legs. Heat cramps may also be a symptom of heat exhaustion.

Who's at Risk?

Those at highest risk include the elderly, the very young, people with mental illness and people with chronic diseases. However, even young and healthy individuals can succumb to heat if they participate in demanding physical activities during hot weather. Other conditions that can increase your risk for heat-related illness include obesity, fever, dehydration, poor circulation, sunburn, and prescription drug or alcohol use.

By signing this agreement, the undersigned acknowledges that the information on Sudden Cardiac Arrest and Heat-Related Illness have been read and understood. I acknowledge optional educational opportunities in cardiac arrest at www.nfhslearn.org. Please go to www.fhsaa.org/departments/health for further instructions to view the courses. I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	/	/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	/

Revised 03/18

Revised 03/18



Florida High School Athletic Association Rev Consent and Release from Liability Certificate (Page 4 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

Attention Student and Parent(s)/Guardian(s)

Your school is a member of the Florida High School Athletic Association (FHSAA) and follows established rules. To be eligible to represent your school in interscholastic athletics, in an FHSAA recognized sport (i.e. bowling, competitive cheerleading, girls flag football, lacrosse, boys volleyball, water polo and girls weightlifting or sanctioned sport (i.e. baseball, basketball, cross country, tackle football, golf, soccer, fast-pitch softball, swimming & diving, tennis, track & field, girls volleyball, boys weightlifting and wrestling), the student:

- 1. This form is non-transferable; a separate form must be completed for each different school at which a student participates.
- 2. Must be regularly enrolled and in regular attendance at your school. If the student is a home education student or attends a charter school or Florida Virtual School Full time Program or a special/alternative school or certain small non-member private schools, the student must declare in writing his/her intention to participate in athletics to the school at which the student is permitted to participate. Home education students and students attending small non-member private schools must be approved through the use of a separate form prior to any participation. (FHSAA Bylaw 9.2, Policy 16 and Administrative Procedure 1.8)
- 3. Must attend school within 10 days of the beginning of each semester to be eligible during that semester. (FHSAA Bylaw 9.2)
- 4. Must maintain at least a cumulative 2.0 grade point average on a 4.0 unweighted scale prior to the semester in which the student wishes to participate. This GPA must include all courses taken since the student entered high school. A sixth, seventh or eighth grade student must have earned at least a 2.0 grade point average on 4.0 unweighted scale the previous semester. (FHSAA Bylaw 9.4)
- 5. Must not have graduated from any high school or its equivalent. (FHSAA Bylaw 9.4)
- 6. Must not have **enrolled in the ninth grade for the first time** more than four school years ago. If the student is a sixth, seventh or eighth grade student, the student must not participate if repeating that grade. (FHSAA Bylaw 9.5)
- 7. Must have signed permission to participate from the student's parent(s)/legal guardian(s) on a form (EL3) provided the school. (Bylaw 9.8)
- 8. Must not turn 19 before September 1st to participate at the high school level; must not turn 16 prior to September 1st to participate at the junior high level; and must not turn 15 prior to September 1st to participate at the middle school level, otherwise the student becomes permanently ineligibile. (FHSAA Bylaw 9.6)
- 9. Must undergo a pre-participation physical evaluation and be certified as being physically fit for participation in interscholastic athletics (form EL2).
- 10. Must be an amateur. This means the student must not accept money, gift or donation for participating in a sport, or use a name other than his/her own when participating. (FHSAA Bylaw 9.9)
- 11. Must not participate in an all-star contest in a sport prior to completing his/her high school eligibility in that sport. (FHSAA Policy 26)
- 12. Must display good sportsmanship and follow the rules of competition **before**, **during and after** every contest in which the student participates. If not, the student may be suspended from participation for a period of time. (FHSAA Bylaw 7.1)
- 13. Must not provide false information to his/her school or to the FHSAA to gain eligibility. (FHSAA Bylaw 9.1)
- 14. Youth exchange, other international and immigrant students must be approved by the FHSAA office prior to any participation. Exceptions may apply. See your school's principal/athletic director. (FHSAA Policy 17)
- 15. Must refrain from hazing/bullying while a member of an athletic team or while participating in any athletic activities sponsored by or affiliated with a member school.

If the student is declared or ruled ineligible due to one or more of the FHSAA rules and regulations, the student has the right to request that the school file an appeal on behalf of the student. See the principal or athletic director for information regarding this process.

By signing this agreement, the undersigned acknowledges that the information on the Consent and Release from Liability Certificate in regards to the FHSAA's established rules and eligibility have been read and understood.

Name of Student-Athlete (printed)	Signature of Student-Athlete	// Date
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	// Date
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	// Date
	- 4 -	05



Florida High School Athletic Association Clearance for Participation Form



To be completed by the student: Please **PRINT** all information clearly.

Student's OFFICIAL Full Name

School Attended the Previous School Year

Sport (a separate form MUST be used for each sport)

To be completed by school official only:

ELIGIBLE: [] YES [] NO

REASON NOT ELIGIBLE: [] GPA [] LIMIT EXPIRED [] PROOF OF AGE NEEDED MISSING FORM (if applicable): [] EL4 [] EL7/EL7V [] EL12/EL12V [] EL14

PHYSICAL ON FILE (EL2 Form)

Date of Exam

CONSENT/RELEASE ON FILE (EL3 Form)

[] GA4 (if applicable)

[] STUDENT HAS BEEN ADDED TO THE Home Campus DATABASE Athletic Office Staff

Athletic Office Staff

Athletic Office Staff

Athletic Office Staff

Current Grade Level

Date of Birth (mm/dd/yy)

Athletic Office Staff

Athletic Office Staff



PINELLAS COUNTY SCHOOLS APPLICATION FOR ATHLETIC PARTICIPATION

Name as it appears on birth certificate			School		School Year
Street Address		Home	phone	Date of birth	
City/State/Zip code		Parent	work phone	Parent cell pho	one
Sex (circle one) M F	Student number				
Date entered ninth grade	Current grade	Date forr	n is submitted	Age on this c	late

Pinellas County School in membership with the Florida High School Athletic Association (FHSAA) promotes athletics as a vital part of education. In order to participate in athletic activities, students must meet eligibility requirements established by the FHSAA and Pinellas County Schools. Additionally, required documents must be completed and on file with the school administration before a student is permitted to participate in interscholastic athletic practice which includes any and all forms of physical conditioning, both aerobic and anaerobic regardless of whether such conditioning occurs in the preseason, off-season, summer season, or during the period of permissible organized practice.

FHSAA regulations can be found on line at <u>www.fhsaa.org</u>. Pinellas County School athletic regulations are part of the School Board Policy manual and can be found on line at <u>www.pcsb.org</u>. Click on the Departments tab, then click on Athletics.

Please carefully read the following information, attach proof of county required insurance, complete the forms, and provide signatures and notarization where required. Return this form to the Athletic Coordinator.

FOR SCHOOL USE ONLY

- ____ Participation form signed and notarized
- ____ EL3
- ____ Physical complete and signed
- ____ Proof of insurance provided
- ____ Addendum to Participation Form
- ____ Physical complete and signed
 - ____ Summer caution statement signed

____ Relevant information page signed

____ Policy on Recruiting

____ Birth certificate verified

____ GPA

____ EL-7

RELEVANT INFORMATION REGARDING EXTRACURRICULAR ATHLETICS

Students who move during the school year may remain at the current school until the end of that school year. Contact school administration for details.

Participation in extracurricular athletics is voluntary and carries certain inherent risks and possibilities of serious injury and even death. I understand the possible risks, and that medical expenses resulting from injuries incurred during District or school sponsored extracurricular athletics are the responsibility of the parents/guardians of the student(s).

Transportation of students participating in extracurricular athletic competitions, practices and other District or school sponsored athletic events will not always be provided or arranged by schools or the Pinellas County School Board.

I hereby agree to waive, release, discharge, indemnify, and hold the school and the Pinellas County School Board harmless from any and all liability for any injury or illness of the above named student(s) including death, or for claims of any nature which may result from transportation of the student(s) to District or school sponsored extracurricular athletic competitions, practices and other District or school sponsored athletic events that is provided or arranged by the student or their parents or guardians.

I agree to indemnify and hold harmless the School and the Pinellas County School Board from claims of any nature including costs, expenses and fees arising out of or as a result of the participants actions during this voluntary activity.

Each student participating in District sponsored Extracurricular Athletics is required to purchase mandatory student accident insurance from the insurance carrier currently contracted with the Pinellas County School Board. This is not intended as primary insurance. This requirement CANNOT be waived, and the insurance must be purchased before any level of participation can occur. Proof of purchase of the appropriate student accident insurance coverage from the currently contracted insurance carrier must be attached to this form.

Failure to purchase the appropriate student accident insurance policy, or, failure by the Pinellas County School Board to verify that this requirement has been met, does not transfer responsibility for payment of any and all injury related claims and expenses, from the student/parent/guardian to the Pinellas County School Board.

Football players cannot alter, in any way, protective gear. Any alterations must be made with the permission of the head coach and must be within the approved specifications of the equipment manufacturer.

A certified Athletic Trainer will be assigned to each school and will attend all football games and can treat students from any school.

A student who transfers from one school to another during the school year must follow the transfer process, except as otherwise allowed by law. See FHSAA bylaw 9.7 Transfers.

Eligibility requirements are designated by the FHSAA and the Pinellas County School Board adopts such requirements as it's own. It is the student's responsibility to confirm his/her eligibility prior to trying out for a team or investing money in insurance.

Participation in extracurricular athletics is a privilege and can be suspended or revoked by the school's administration when deemed necessary.

A student who accepts a position as a member of an athletic team shall be considered a member of that team until the team has completed the final competition in which it is eligible to participate, including all playoff games. Any student who leaves the team for any reason prior to the end of the season shall be ineligible to participate in any other sport until the season of the team she/he left has been completed, except as otherwise allowed by law.

An athlete must be in good standing with the team and the school at the completion of the sport season to be eligible for a letter or any other award. The athlete must meet county and the FHSAA requirements in order to receive a letter or award. A student who leaves the team early or does not participate through the end of the season will not be considered in good standing.

Athletes and teams that qualify to advance in the state series playoffs must participate on the next level of competition qualified for or be assessed a fine from the FHSAA. An athlete that fails to participate in a state series playoff after qualifying will be considered "not in good standing" and therefore not qualified to letter or receive awards.

Relevant information regarding extracurricular athletics.

Students may use the school choice options approved in School Board Policies 5120 - Assignment of Students and 5210.01 – Controlled Open Enrollment to attend a non-zoned school. Once a student is assigned to a non-zoned school the student is eligible to participate in athletics immediately, provided they have not participated in the same sport and the previously attended school in the same year, except as otherwise allowed by law.

Student signature

Date



PINELLAS COUNTY SCHOOLS HIGH SCHOOL ACTIVITIES PARTICIPATION FORM HOME EDUCATED STUDENTS MUST BE ASSIGNED TO A SCHOOL THROUGH THE DISTRICT AND SHOW PROOF OF IMMUNIZATION

******** NOTICE *******

Participation in competitive athletics, including cheerleading, may result in severe injury, including paralysis, or even death. Improvements in equipment, medical treatment and physical conditioning, as well as rule changes, have reduced these risks, but it is impossible to totally eliminate such occurrences from athletics.

Are you an Administrativ	ve Transfer (Check One):	Yes No	Birth Certif	GRADE	No	DATE OF BIRTH	
Residence of Parents							
or Legal Guardian		,	•	since	/		I
Desidence (if Different from	Street Address		City		Month	Day	
Residence (if Different from Parent(s) or Legal Guardian			,				
Lived at this address since:	St	reet Address		City			
Name(s) and Relationship of Pers							
other than parent(s) or legal guard	dian		Name		Month	Day	1
Insurance made available by insurance. Purcha Insurance may be pocket expenses a accident insurance		accident insurance policy for rance policy covers all (non site shortcuts PE, Athletics & to replace your primary me	or football covers football and all -football) school related sports a & Extracurricular Activities. Note: edical insurance. Any other medi	other sports and activities nd activities requiring mar This is excess Insurance cal insurance policy will be	requiring mandal idatory student ac It is provided to o	ory student acci ccident insuranc cover some of th	ident e. 1e out-
Mandatory Football Insurance	Date Purchased	Man	datory Student Accident In	surance	Date Pur	abacad	
	Date Furchased				Date Pur	010000	
I hereby authorize the school to ob athletics, activities and travel. Payr	tain, through a physician of its own choice, nent of all charges incurred for medical trea * Please see attached FHSAA Pro	any emergency care that m atment is guaranteed by me	or the insurance company(s) pro	ry for the student listed on oviding primary and/or exc	ess coverage for	ourse of school the above name	spons ed stu
				Student	Participat	tion Perm	issi
	***** PARTICIPATION IN COMPE	TITIVE ATHLETICS CA	AN RESULT IN SERIOUS IN	IJURY, EVEN DEATH	****		
Circle the sport(s) the student intend Baseball Cross	luding costs, expenses and fees arising out Is to play: 5 Country Football rrleading Flag Football	of or as a result of the part Soccer Golf	icipant's actions during this activ Swimming/Diving Softball	ity. This permission includ Track Tennis	es team travel for Volleyball Wrestling		own tr rosse
			School attended last year	:			
	Student's Signature						
			1				
Sig	nature of Parent/Guardian		Home/Work Phone	Date		Relationship to the	Stude
			1				
S	ignature of Parent/Guardian		Home/Work Phone	Date		Relationship to the	Stude
f only one Parent/Guardian signa	ture above, explain reason:						
	explain student eligibili please make an ap <u>completing this form</u> activities is a privile school administration List schools attended b 9 th grade: 10 th grade:	ty requirements. If you pointment with your or trying out. Participa	during:	eligibility, <u>before</u> tics and			
			y, meet with your school's	Athletic			

Please read both pages and retain a copy of this form before signing and returning to your school or coach

Please read both pages and retain a copy of this form before signing and returning to your school or coach

******** NOTICE *******

Participation in competitive athletics, including cheerleading may result in severe injury, including paralysis, or even death. Improvements in equipment, medical treatment and physical conditioning, as well as rule changes, have reduced these risks, but it is impossible to totally eliminate such occurrences from athletics.

Parent(s) and/or Guardian(s) of Prospective Interscholastic Athletics:

Before trying out for an interscholastic sport, a student must be certified as eligible, in accordance with the Florida High School Athletic Association (FHSAA) rules and the policies of the Pinellas County School Board.

Parent(s) or Guardian(s) must complete the following sections on the reverse side: Certification of Residency, Permission to Participate/Permission for Emergency Medical Treatment, and Certification of Student Accident Insurance. Your student will not be allowed to practice or participate until this form is completed and is on file at the school. After all eligibility requirements have been met, the FHSAA requires a minimum five (5) day waiting period before a student may participate in an athletic contest.

The Pinellas County School Board requires students participating in extracurricular sports and certain designated activities to purchase Mandatory Student Accident Insurance (Pinellas County School Board Policy 8760) regardless of your existing insurance coverage. Information on student accident insurance plans is available on the Pinellas County School Board's website, www.pcsb.org under the site shortcuts PE, Athletics & Extracurricular Activities.

The football insurance plan made available by the Pinellas County School Board must be purchased in order for a student to participate in varsity or junior varsity football.

The first time a student participates in athletics at a school, he/she must submit an original certified copy of his/her birth certificate. The birth certificate will NOT be retained by school personnel. (Photo static or duplicated copies of documents are NOT acceptable in lieu of a birth certificate.)

The following are excerpts of the athletic eligibility rules required by the Florida High School Athletic Association and the School Board of Pinellas County. If further clarification of these rules is required, contact the Assistant Principal for Activities at your school. This form is no longer available in three (3) part carbonless sheets; therefore, it must be duplicated when completed. The school must keep the original and the parent and coach must have a copy.

PINELLAS COUNTY SCHOOL BOARD POLICY IN BRIEF

Home Educated students must be assigned through the district office.

Students administratively transferred to another regular school for disciplinary reasons shall be ineligible for athletic participation for a period of the remaining of the school year.

Students returning to any regular school from a successful reassignment/expulsion shall be eligible upon return to the regular school provided the student meets all FHSAA eligibility requirements.

Students ejected from an athletic contest for unsportsmanlike conduct are subject to a fine to be paid by the student/parent/guardian to his/her school. The fine may range from fifty (\$50) to two hundred fifty (\$250), determined by the FHSAA, for gross unsportsmanlike conduct. An athlete who is ejected or disqualified for unsportsmanlike conduct will not participate in or represent the school in any future athletic contests until all fines assessed have been paid to the school.

FLORIDA HIGH SCHOOL ATHLETIC ASSOCIATION, INC. REGULATIONS IN BRIEF

Academic Eligibility:

- An incoming 9th grade student must have been regularly promoted to be eligible during the first semester.
- Eligibility is based on an unweighted cumulative GPA in all courses taken since first entering the 9th grade.
- Eligibility status is determined at the end of each semester (18 weeks) to determine if a student is eligible or ineligible. This means a student who maintains a cumulative 2.0 grade point average is eligible for an entire semester (18 weeks). If a student does not maintain a cumulative 2.0 grade point average, he/she is ineligible for an entire semester (18 weeks). This applies to 11th and 12th grade students.
 PLEASE CONTACT YOUR SCHOOLS' ASSISTANT PRINCIPAL FOR ACTIVITIES OR YOUR SCHOOLS' ATHLETIC COORDINATOR IF YOU HAVE QUESTIONS.

A student will be eligible until he/she reaches the age of 19 years, 9 months.

Students have four consecutive years of high school eligibility from the date they first enter the 9th grade. Beginning with students entering grade 9 in 2014-2015, and thereafter, a student who reached 19 on or after September 1st, and who has not exceeded his/her four year limit of eligibility, may participate in Interscholastic athletics during that school year.

Physical Evaluation: The annual physical evaluation must be administered either by a licensed physician, a licensed osteopathic physician, a licensed physician assistant, or a certified advanced registered nurse practitioner. A physical evaluation is valid for one year (365 calendar days) from its date. For example, if a physical is on May 1 it is valid through the following April 30.





Florida High School Athletic Association Preparticipation Physical Evaluation (Page 1 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Part 1. Student Information (to be completed by student or parent)

Student's Name:		Sex:	_Age: Date of Birth:	//
School:	Grade in School:	Sport(s):		
Home Address:			Home Phone: (_)
Name of Parent/Guardian:		E-mail:		
Person to Contact in Case of Emergency:				
Relationship to Student: Home Phone: () Wo	ork Phone: ()	Cell Phone: ()
Personal/Family Physician:	City/State:		Office Phone: ()

Part 2. Medical History (to be completed by student or parent). Explain "yes" answers below. Circle questions you don't know answers to.

		105	110			103	110
1.	Have you had a medical illness or injury since your last				Have you ever become ill from exercising in the heat?		
2	check up or sports physical?			27.	Do you cough, wheeze or have trouble breathing during or after activity?		
2. 3.	Do you have an ongoing chronic illness? Have you ever been hospitalized overnight?			28	Do you have asthma?		
3. 4.	Have you ever been hospitalized overlight? Have you ever had surgery?				Do you have assuma? Do you have seasonal allergies that require medical treatment?		
	Are you currently taking any prescription or non-			30.			
	prescription (over-the-counter) medications or pills or using an inhaler?			50.	medical devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, shunt,		
6.	Have you ever taken any supplements or vitamins to			2.1	retainer on your teeth or hearing aid)?		
	help you gain or lose weight or improve your performance?				Have you had any problems with your eyes or vision?		
7	Do you have any allergies (for example, pollen, latex,				Do you wear glasses, contacts or protective eyewear?		
1.	medicine, food or stinging insects)?				Have you ever had a sprain, strain or swelling after injury? Have you broken or fractured any bones or dislocated any joints?		
8	Have you ever had a rash or hives develop during or				Have you had any other problems with pain or swelling in muscles,		
0.	after exercise?			55.	tendons, bones or joints?		
9.	Have you ever passed out during or after exercise?				If yes, check appropriate blank and explain below:		
10.	Have you ever been dizzy during or after exercise?				Head Elbow Hip		
11.	Have you ever had chest pain during or after exercise?				Neck Forearm Thigh		
12.	Do you get tired more quickly than your friends do				Back Wrist Knee		
	during exercise?				Back Wrist Knee Chest Hand Shin/Calf		
13.	Have you ever had racing of your heart or skipped heartbeats?				ShoulderFingerAnkle Upper ArmFoot		
14.	Have you had high blood pressure or high cholesterol?			36	Do you want to weigh more or less than you do now?		
	Have you ever been told you have a heart murmur?				Do you lose weight regularly to meet weight requirements for your		
16.	Has any family member or relative died of heart problems or sudden death before age 50?				sport?		
17	Have you had a severe viral infection (for example,				Do you feel stressed out?		
17.	myocarditis or mononucleosis) within the last month?				Have you ever been diagnosed with sickle cell anemia?		
18.	Has a physician ever denied or restricted your				Have you ever been diagnosed with having the sickle cell trait?		
	participation in sports for any heart problems?			41.	Record the dates of your most recent immunizations (shots) for:		
19.	Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores))?			Tetanus: Measles: Hepatitus B: Chickenpox:		
20.	Have you ever had a head injury or concussion?						
21.	Have you ever been knocked out, become unconscious				MALES ONLY (optional) When was your first menstrual period?		
~~	or lost your memory?				When was your most recent menstrual period?		
	Have you ever had a seizure?				How much time do you usually have from the start of one period to		
	Do you have frequent or severe headaches?				the start of another?		
24.	Have you ever had numbness or tingling in your arms, hands, legs or feet?				How many periods have you had in the last year?		
25.	Have you ever had a stinger, burner or pinched nerve?			46.	What was the longest time between periods in the last year?		
	lain "Yes" answers here:						

We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine medical evaluation required by s.1006.20, Florida Statutes, and FHSAA Bylaw 9.7, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (EKG), echocardiogram (ECG) and/or cardio stress test.



Florida High School Athletic Association Preparticipation Physical Evaluation (Page 2 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Part 3. Physical Examination (to be completed by licensed physician, licensed osteopathic physician, licensed chiropractic physician, licensed physician assistant or certified advanced registered nurse practitioner).

Student's Name:			8	1	,		Date of Birth:	//
Height: We	ight:	% Body Fat (o	ptional): _		Pulse:	Blood Pressure:	/(/	_,/)
Temperature:								
Visual Acuity: Right 20/		Corrected:	Yes			·		
FINDINGS	NORMAL			ABN	ORMAL FINI	DINGS		INITIALS*
MEDICAL								
1. Appearance							<u> </u>	<u> </u>
2. Eyes/Ears/Nose/Three	oat							
3. Lymph Nodes								
4. Heart							· · · · · · · · · · · · · · · · · · ·	
5. Pulses								
6. Lungs								
7. Abdomen								
8. Genitalia (males onl	y)							
9. Skin								
MUSCULOSKELETAL								
10. Neck								
11. Back								
12. Shoulder/Arm								
13. Elbow/Forearm								
14. Wrist/Hand								
15. Hip/Thigh								
16. Knee								
17. Leg/Ankle								
18. Foot								
* - station-based examinatio	n only							
ASSESSMENT OF EXAM								
I hereby certify that each exa	mination listed above	e was performed	by myself	f or an indiv	ridual under my	direct supervision with th	e following conclusio	on(s):
Cleared without limitat	ion							
Disability:				Diag	gnosis:			

Precautions:		
Not cleared for:		
· · · · · · · · · · · · · · · · ·		
Cleared after completing evaluation/rehabilitation for:		
Referred to	For:	
Recommendations:		
Name of Physician/Physician Assistant/Nurse Practitioner (print):		Date:///
Address:		





Florida High School Athletic Association **Preparticipation Physical Evaluation** (Page 3 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Student's Name:

ASSESSMENT OF PHYSICIAN TO WHOM REFERRED (if applicable)

I hereby certify that the examination(s) for which referred was/were performed by myself or an individual under my direct supervision with the following conclusion(s):

Cleared without limitation			
Disability:	Diagnosis:		
Precautions:			
Not cleared for:		Reason:	
Cleared after completing evaluation/rehabilitation for:			
Recommendations:			
Name of Physician (print):			Date://
Address:			

Signature of Physician:

Based on recommendations developed by the American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine and American Osteopathic Academy for Sports Medicine. Florida High School Athletic Association



School:

Consent and Release from Liability Certificate (Page 1 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature. This form is non-transferable; a change of schools during the validity period of this form will require this form to be re-submitted.

School District (if applicable):

Part 1. Student Acknowledgement and Release (to be signed by student at the bottom) I have read the (condensed) FHSAA Eligibility Rules printed on Page 4 of this "Consent and Release Certificate" and know of no reason why I am not eligible to represent my school in interscholastic athletic competition. If accepted as a representative, I agree to follow the rules of my school and FHSAA and to abide by their decisions. I my school in interscholastic athletic competition. If accepted as a representative, I agree to follow the rules of my school and FHSAA and to abide by their decisions. I know that athletic participation is a privilege. I know of the risks involved in athletic participation, understand that serious injury, including the potential for a concussion, and even death, is possible in such participation, and choose to accept such risks. I voluntarily accept any and all responsibility for my own safety and welfare while participating in athletics, with full understanding of the risks involved. Should I be 18 years of age or older, or should I be emancipated from my parent(s)/guardian(s), I hereby release and hold harmless my school, the schools against which it competes, the school district, the contest officials and FHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against FHSAA because of any accident or mishap involving my athletic participation. I hereby authorize the use or disclosure of my individually identifiable health information should treatment for illness or injury become necessary. I hereby grant to FHSAA the right to review all records relevant to my athletic eligibility including, but not limited to, my records relating to enrollment and attendance, academic standing, age, discipline, finances, residence and physical fitness. I hereby grant the released parties the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein. I understand that the authorizations and rights granted herein are voluntary and that I may revoke any or all of them at any time by submitting said revocation in writing to my school. By doing so, however, I understand that I wil eligible for participation in interscholastic athletics.

Part 2. Parental/Guardian Consent, Acknowledgement and Release (to be completed and signed by a parent(s)/guardian(s) at the bottom; where divorced or separated, parent/guardian with legal custody must sign.)

I hereby give consent for my child/ward to participate in any FHSAA recognized or sanctioned sport **EXCEPT** for the following sport(s): Α.

List sport(s) exceptions here

I understand that participation may necessitate an early dismissal from classes. B.

I know of, and acknowledge that my child/ward knows of, the risks involved in interscholastic athletic participation, understand that serious injury, and even death, is possible in such participation and choose to accept any and all responsibility for his/her safety and welfare while participating in athletics. With full understanding of the risks involved, I release and hold harmless my child's/ward's school, the schools against which it competes, the school district, the contest officials and FHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against the FHSAA because of any accident or mishap involving the athletic participation of my child/ward. I authorize emergency medical treatment for my child/ward should the need arise for such treatment while my child/ward is under the supervision of the school. I further hereby authorize the use or disclosure of my child's/ward's individually identifiable health information should treatment for illness or injury become necessary. I consent to the disclosure to the FHSAA, upon its request, of all records relevant to my child/ward's I grant the released parties the right to photograph and/or videotape my child/ward and further to use said child's/ward's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, promotional and commercial materials without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein.

D. I am aware of the potential danger of concussions and/or head and neck injuries in interscholastic athletics. I also have knowledge about the risk of continuing to participate once such an injury is sustained without proper medical clearance

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF MY CHILD'S/WARD'S SCHOOL, THE SCHOOLS AGAINST WHICH IT COMPETES, THE SCHOOL DISTRICT, THE CONTEST OFFICIALS AND FHSAA USES REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOUR CHILD MAY BE SERI-OUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM MY CHILD'S/WARD'S SCHOOL, THE <u>SCHOOLS AGAINST WHICH IT COMPETES, THE SCHOOL DISTRICT, THE CONTEST OFFICIALS AND FHSAA IN</u> A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO RE-FUSE TO SIGN THIS FORM, AND MY CHILD'S/WARD'S SCHOOL, THE SCHOOLS AGAINST WHICH IT COMPETES, THE SCHOOL DISTRICT, THE CONTEST OFFICIALS AND FHSAA HAS THE RIGHT TO REFUSE TO LET YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

E.	I agree that in the event we/I pursue litigation seeking injunctive relief or other	legal action impacting n	ny child (individual	lly) or my child's team partici	pa-
tion i	<u>1 in FHSAA state series contests, such action shall be filed in the Alachua County</u>	<u>, Florida, Circuit Court.</u>	•_ ·		

I understand that the authorizations and rights granted herein are voluntary and that I may revoke any or all of them at any time by submitting said revocation in writing to my school. By doing so, however, I understand that my child/ward will no longer be eligible for participation in interscholastic athletics.

Please check the appropriate box(es): My child/ward is covered under our family health insurance plan, which has limits of not less than \$25,000.

Company:

My child/ward is covered by his/her school's activities medical base insurance plan.

I have purchased supplemental football insurance through my child's/ward's school.

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (Only one parent/guardian signature is required)

Policy Number:

Name of Parent/Guardian (printed)

Name of Parent/Guardian (printed)

Signature of Parent/Guardian

Signature of Parent/Guardian

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (student must sign)

Name of Student (printed)

Date

Date

Revised 04/20



Revised 04/20

Consent and Release from Liability Certificate for Concussions (Page 2 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

School:

School District (if applicable):

Concussion Information

Concussion is a brain injury. Concussions, as well as all other head injuries, are serious. They can be caused by a bump, a twist of the head, sudden deceleration or acceleration, a blow or jolt to the head, or by a blow to another part of the body with force transmitted to the head. You can't see a concussion, and more than 90% of all concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. All concussions are potentially serious and, if not managed properly, may result in complications including brain damage and, in rare cases, even death. Even a "ding" or a bump on the head can be serious. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, your child should be immediately removed from play, evaluated by a medical professional and cleared by a medical doctor.

Signs and Symptoms of a Concussion:

Concussion symptoms may appear immediately after the injury or can take several days to appear. Studies have shown that it takes on average 10-14 days or longer for symptoms to resolve and, in rare cases or if the athlete has sustained multiple concussions, the symptoms can be prolonged. Signs and symptoms of concussion can include: (not all-inclusive)

- Vacant stare or seeing stars
- · Lack of awareness of surroundings
- Emotions out of proportion to circumstances (inappropriate crying or anger)
- · Headache or persistent headache, nausea, vomiting
- Altered vision
- · Sensitivity to light or noise
- Delayed verbal and motor responses
- Disorientation, slurred or incoherent speech
- Dizziness, including light-headedness, vertigo(spinning) or loss of equilibrium (being off balance or swimming sensation)
- · Decreased coordination, reaction time
- Confusion and inability to focus attention
- Memory loss
- Sudden change in academic performance or drop in grades
- · Irritability, depression, anxiety, sleep disturbances, easy fatigability
- In rare cases, loss of consciousness

DANGERS if your child continues to play with a concussion or returns too soon:

Athletes with signs and symptoms of concussion should be removed from activity (play or practice) immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to sustaining another concussion. Athletes who sustain a second concussion before the symptoms of the first concussion have resolved and the brain has had a chance to heal are at risk for prolonged concussion symptoms, permanent disability and even death (called "Second Impact Syndrome" where the brain swells uncontrollably). There is also evidence that multiple concussions can lead to long-term symptoms, including early dementia.

Steps to take if you suspect your child has suffered a concussion:

Any athlete suspected of suffering a concussion should be removed from the activity immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from an appropriate health-care professional (AHCP). In Florida, an appropriate health-care professional (AHCP) is defined as either a licensed physician (MD, as per Chapter 458, Florida Statutes), a licensed osteopathic physician (DO, as per Chapter 459, Florida Statutes). Close observation of the athlete should continue for several hours. You should also seek medical care and inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than to have your life changed forever. When in doubt, sit them out.

Return to play or practice:

Following physician evaluation, the *return to activity process* requires the athlete to be completely symptom free, after which time they would complete a step-wise protocol under the supervision of a licensed athletic trainer, coach or medical professional and then, receive written medical clearance of an AHCP.

For current and up-to-date information on concussions, visit http://www.cdc.gov/concussioninyouthsports/ or http://www.seeingstarsfoundation.org

Statement of Student Athlete Responsibility

Parents and students should be aware of preliminary evidence that suggests repeat concussions, and even hits that do not cause a symptomatic concussion, may lead to abnormal brain changes which can only be seen on autopsy (known as Chronic Traumatic Encephalopathy (CTE)). There have been case reports suggesting the development of Parkinson's-like symptoms, Amyotropic Lateral Sclerosis (ALS), severe traumatic brain injury, depression, and long term memory issues that may be related to concussion history. Further research on this topic is needed before any conclusions can be drawn.

I acknowledge the annual requirement for my child/ward to view "Concussion in Sports" at www.nfhslearn.com. I accept responsibility for reporting all injuries and illnesses to my parents, team doctor, athletic trainer, or coaches associated with my sport including any signs and symptoms of CONCUSSION. I have read and understand the above information on concussion. I will inform the supervising coach, athletic trainer or team physician immediately if I experience any of these symptoms or witness a teammate with these symptoms. Furthermore, I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	<u>/</u>	/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	/	/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date		/



Florida High School Athletic Association Consent and Release from Liability Certificate for

Sudden Cardiac Arrest and Heat-Related Illness (Page 3 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

School:

School District (if applicable):

Sudden Cardiac Arrest Information

Sudden cardiac arrest (SCA) is a leading cause of sports-related death. This policy provides procedures for educational requirements of all paid coaches and recommends added training. Sudden cardiac arrest is a condition in which the heart suddenly and unexpectedly stops beating. If this happens, blood stops flowing to the brain and other vital organs. SCA can cause death if it's not treated within minutes.

Symptoms of SCA include, but not limited to: sudden collapse, no pulse, no breathing.

Warning signs associated with SCA include: fainting during exercise or activity, shortness of breath, racing heart rate, dizziness, chest pains, extreme fatigue.

It is strongly recommended that all coaches, whether paid or volunteer, be regularly trained in cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED). Training is encouraged through agencies that provide hands-on training and offer certificates that include an expiration date. Beginning June 1, 2021, a school employee or volunteer with current training in CPR and the use of an AED must be present at each athletic event during and outside of the school year, including practices, workouts and conditioning sessions.

The AED must be in a clearly marked and publicized location for each athletic contest, practice, workout or conditioning session, including those conducted outside of the school year.

What to do if your student-athlete collapses:

- 1. Call 911
- 2. Send for an AED
- 3. Begin compressions

FHSAA Heat-Related Illnesses Information

People suffer heat-related illness when their bodies cannot properly cool themselves by sweating. Sweating is the body's natural air conditioning, but when a person's body temperature rises rapidly, sweating just isn't enough. Heat-related illnesses can be serious and life threatening. Very high body temperatures may damage the brain or other vital organs, and can cause disability and even death. Heat-related illnesses and deaths are preventable.

Heat Stroke is the most serious heat-related illness. It happens when the body's temperature rises quickly and the body cannot cool down. Heat Stroke can cause permanent disability and death.

Heat Exhaustion is a milder type of heat-related illness. It usually develops after a number of days in high temperature weather and not drinking enough fluids.

Heat Cramps usually affect people who sweat a lot during demanding activity. Sweating reduces the body's salt and moisture and can cause painful cramps, usually in the abdomen, arms, or legs. Heat cramps may also be a symptom of heat exhaustion.

Who's at Risk?

Those at highest risk include the elderly, the very young, people with mental illness and people with chronic diseases. However, even young and healthy individuals can succumb to heat if they participate in demanding physical activities during hot weather. Other conditions that can increase your risk for heat-related illness include obesity, fever, dehydration, poor circulation, sunburn, and prescription drug or alcohol use.

By signing this agreement, I acknowledge the annual requirement for my child/ward to view both the "Sudden Cardiac Arrest" and "Heat Illness Prevention" courses at www.nfhslearn.com. I acknowledge that the information on Sudden Cardiac Arrest and Heat-Related Illness have been read and understood. I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	_/	_/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	_/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	_/

Revised 04/20

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Florida High School Athletic Association Rev **Consent and Release from Liability Certificate (Page 4 of 4)**

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

Attention Student and Parent(s)/Guardian(s)

Your school is a member of the Florida High School Athletic Association (FHSAA) and follows established rules. To be eligible to represent your school in interscholastic athletics, in an FHSAA recognized sport (i.e. bowling, competitive cheerleading, girls flag football, lacrosse, boys volleyball, water polo and girls weightlifting or sanctioned sport (i.e. baseball, basketball, cross country, tackle football, golf, soccer, fast-pitch softball, swimming & diving, tennis, track & field, girls volleyball, boys weightlifting and wrestling), the student:

- 1. This form is non-transferable; a separate form must be completed for each different school at which a student participates.
- 2. Must be regularly enrolled and in regular attendance at your school. If the student is a home education student or attends a charter school or Florida Virtual School Full time Program or a special/alternative school or certain small non-member private schools, the student must declare in writing his/her intention to participate in athletics to the school at which the student is permitted to participate. Home education students and students attending small non-member private schools must be approved through the use of a separate form prior to any participation. (FHSAA Bylaw 9.2, Policy 16 and Administrative Procedure 1.8)
- 3. Must attend school within 10 days of the beginning of each semester to be eligible during that semester. (FHSAA Bylaw 9.2)
- 4. Must maintain at least a cumulative 2.0 grade point average on a 4.0 unweighted scale prior to the semester in which the student wishes to participate. This GPA must include all courses taken since the student entered high school. A sixth, seventh or eighth grade student must have earned at least a 2.0 grade point average on 4.0 unweighted scale the previous semester. (FHSAA Bylaw 9.4)
- 5. Must not have graduated from any high school or its equivalent. (FHSAA Bylaw 9.4)
- 6. Must not have **enrolled in the ninth grade for the first time** more than four school years ago. If the student is a sixth, seventh or eighth grade student, the student must not participate if repeating that grade. (FHSAA Bylaw 9.5)
- 7. Must have signed permission to participate from the student's parent(s)/legal guardian(s) on a form (EL3) provided the school. (Bylaw 9.8)
- 8. Must not turn 19 before September 1st to participate at the high school level; must not turn 16 prior to September 1st to participate at the junior high level; and must not turn 15 prior to September 1st to participate at the middle school level, otherwise the student becomes permanently ineligibile. (FHSAA Bylaw 9.6)
- 9. Must undergo a pre-participation physical evaluation and be certified as being physically fit for participation in interscholastic athletics (form EL2).
- 10. Must be an amateur. This means the student must not accept money, gift or donation for participating in a sport, or use a name other than his/her own when participating. (FHSAA Bylaw 9.9)
- 11. Must not participate in an all-star contest in a sport prior to completing his/her high school eligibility in that sport. (FHSAA Policy 26)
- 12. Must display good sportsmanship and follow the rules of competition **before**, **during and after** every contest in which the student participates. If not, the student may be suspended from participation for a period of time. (FHSAA Bylaw 7.1)
- 13. Must not provide false information to his/her school or to the FHSAA to gain eligibility. (FHSAA Bylaw 9.1)
- 14. Youth exchange, other international and immigrant students must be approved by the FHSAA office prior to any participation. Exceptions may apply. See your school's principal/athletic director. (FHSAA Policy 17)
- 15. Must refrain from hazing/bullying while a member of an athletic team or while participating in any athletic activities sponsored by or affiliated with a member school.

If the student is declared or ruled ineligible due to one or more of the FHSAA rules and regulations, the student has the right to request that the school file an appeal on behalf of the student. See the principal or athletic director for information regarding this process.

By signing this agreement, the undersigned acknowledges that the information on the Consent and Release from Liability Certificate in regards to the FHSAA's established rules and eligibility have been read and understood.

Name of Student-Athlete (printed)	Signature of Student-Athlete	Date	_/	_/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date	_/	_/
Name of Parent/Guardian (printed)	Signature of Parent/Guardian - 4 -	Date	/	_/

ADDENDUM TO HIGH SCHOOL ACTIVITIES PARTICIPATION FORM

This Addendum to the High School Activities Participation Form provides additional acknowledgements and releases required by the Florida High School Athletic Association ("FHSAA") and must be fully executed In conjunction with the High School Activities Participation Form (PCS form 4-1891-A).

Student Acknowledgement and Release (to be signed by student)

I know the risk involved in athletic participation, understand that serious injury, and even death, is possible In such participation, and choose to accept such risk. I voluntarily accept any and all responsibility for my own safety and welfare while participating In athletics, with full understanding of the risk involved. Should I be 18 years of age or older, or should I be emancipated from my parent(s)/ guardian(s), I hereby release and hold harmless any school, the schools against which It competes, the school district, the school district (sic), the contest officials and FHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against the FHSAA because of any accident or mishap involving my athletic participation. I hereby authorize the use or disclosure of my individual Identifiable health information should treatment for illness or injury become necessary. I hereby grant to the FHSAA the right to review all records relevant to my athletic eligibility including, but not limited to, my records relating to enrollment and attendance, academic standing, age, discipline, finances, residence and physical fitness. I hereby grant the released parties the right to photograph and/or videotape me and further use my name, face, likeness, void and appearance in connection with exhibitions, publicity, advertising, promotion, and commercial material without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein. I understand that the authorization and rights granted herein are voluntary, and that I may revoke any and all of them at any time by submitting said revocation in writing to my school. By doing so, however, I understand that I will no longer be eligible for participation in interscholastic athletics.

Parent/Guardian Consent, Acknowledgement and Release (to be completed and signed by all parents/guardians; where divorced or separated, parent/guardian with legal custody must sign)

I, we understand that participation may necessitate an early dismissal from classes. I/we know of, and acknowledge that my child/ward knows of the risk involved in interscholastic athletic participation, understand that serious injury and even death is possible in such participation and choose to accept any and all responsibility for his/her safety and welfare while participating In athletics. With full understanding of the risks involved, I/we release and hold harmless my child's/ward's school, the schools against which it competes, the contest officials and FHSAA of any and all responsibility and liability for any injury or claim resulting from such athletic participation and agree to take no legal action against the FHSAA because of any accident or mishap involving the athletic participation of my child/ward. I authorize emergency medical treatment for my child/ward should the need arise for such treatment while my child/ward is under the supervision of the school. I/we further hereby authorize the use or disclosure of my child's/ward's individual identifiable health information should treatment for illness or injury become necessary. I/we consent to the disclosure by my child's/ward's school, to the FHSAA upon its request, of all records relevant to his/her athletic eligibility including, but not limited to, his/her records relating to enrollment and attendance, academic standing, age, discipline, finances, residence and physical fitness. I/we grant the released parties the right to photograph and/or videotape my child/ward and further use said child's/ward's name, face, likeness, voice and appearance In connection with exhibitions, publicity, advertising, promotion and commercial material without reservation or limitation. The released parties, however, are under no obligation to exercise said rights herein. I/we understand the authorization and rights granted herein are voluntary and that I/we may revoke any or all of them at any time by submitting said revocation writing to my school. By doing so, however, I/we understand that my/our child/ward will no longer be eligible for participation in Interscholastic athletics.

I/WE HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE.

Signature of Student

Signature of Parent

Print Student's Name

Print Parent's Name

Date



PINELLAS COUNTY SCHOOLS MEDIA RELEASE FORM

During the school year, Pinellas County Schools may produce, reproduce, broadcast or publish student names, likenesses and/or voices on multiple media formats, including but not limited to:

- WPDS-Ch. 14
- Written publications
- District websites
- School websites
- Teacher websites
- Social Media Sites
- Marketing Materials

All documents on district-sponsored websites are required to conform to school board policies, including Policy 7.33, Use of Electronic Resources.

In addition, news media, including representatives of television, radio, newspaper and magazines, are periodically permitted on school board property and may take notes, still photographs, sound recordings and/or video that may include your child. These items may appear or be used in news or feature stories by print, television or radio media.

Pursuant to Section 540.08 and Section 1002.22, Florida Statutes, the school board is required to obtain express written permission before using any student's name or likeness in the above described manner. If you do not object to the use of your child's name, picture or voice for any purpose mentioned above, please sign the form below granting your consent pursuant to Section 540.08(1) and Section 1002.221(2)(a), F.S. If you have any questions, please contact the principal of your child's school.

If the student or parent/guardian wishes to rescind this permission, he or she may do so at any time with written notice. Unless rescinded, this permission will remain in effect in subsequent years.

REGARDING:	
(name of student)	
NAME OF SCHOOL:	
I grant permission to use the above student's name, likeness and/or voice in the manners descri	bed above.
Date:	
Student's signature (if 18 or older)	

Parent or guardian's signature (if student is under 18)

PINELLAS COUNTY SCHOOLS FIELD TRIP/ACTIVITIES PERMISSION FORM



School				
I (We) hereby grant pern	nission for	Student Name		to participate
in a field trip/activity to _		Location	on	Date
and to make authorized	or emergency stops :	as necessary.		
Students will be traveling in t	the following manner	:		
Walking Scho	ool Bus 🛛 Comi	mercial Carrier Bus	Rental Vehicle (Auto, M	1ini Van)
Private Passenger Vehic	le with Distri	ict Employee Driver	Volunteer Driver	_ Student Driver*
Time of Departure (Approxim	nate)	Time of Return	(Approximate)	
 I authorize school repres case of serious illness or 			ld, which includes requ	ired emergency transportation, i
 I understand that the tra Medications will be disper 			nedications may or ma	y not be present during this trip
 I have documented belo conditions or allergies reg 	garding my child.			noted any special health-relate
				nt safety and compliance with th andomly searched for contraband
If the Field Trip is to a D animals, please comple		ict site where students w	ill have the opportuni	ty to touch and hold
Your child will have the o to indicate your approval		and hold captive animals d	uring this field trip. Ple	ase check one space below
YES, my child may to	ouch and hold the ar	nimals NO , my child	may NOT touch and h	old the animals.
* From time to time stude basis, and only with add	nts may be allowed ministrative approva	to drive other students to a I.	and from field trips or a	ctivities on a case-by-case
I agree /I do n	ot agree (check or	ne) to allow my child to ride	e with another student.	
Signature of Parent/Guardian		Phone (Home)	Phone (Work)	Phone (Cell)
Alternate Emergency Contact		Phone (Home)	Phone (Work)	Phone (Cell)

St. Petersburg High School Band Booster Financial Assistance Letter (Optional)

The Band Director and Band Boosters are excited that you have a desire to participate in the Green Devil Marching Band and it is the Band Boosters' hope that financial hardship would never prevent a student from participating.

It is recommended that each student contribute what they are able, but the Boosters are able to offer the following accommodations for the recommended fees:

- 1. Deferred payment schedule (for example: two \$150 payments over 3 months)
- 2. Reduced band fees (full or partial scholarship)

It is our hope that you will take every opportunity to assist in band fundraisers so that we can continue to offer these opportunities to our students in the future.

To be considered for financial relief, please don't hesitate to speak with Ms. A or Coach Wyatt and return this letter with your marching band forms.

Student name: ______

Choose one:

- 1. Deferred payment schedule
- 2. Partial Scholarship
- 3. Full scholarship

School Accident Supplemental Insurance Instructions

2021 - 2022

Please note that this insurance is <u>required</u> by the school district for band participation. It <u>supplements</u> any insurance you might already have.

- 1. <u>Do not purchase insurance prior to July 1, 2021</u>, because it will apply to the previous school year.
- 2. Here's the link to the PCSB web page for the school insurance: https://www.pcsb.org/StudentAccidentInsurance
- 3. Tips:
 - If you do not have Internet access or if you need any help or have questions, call the insurance agent at 888-776-9920 x 6
 - That web page has *very helpful* instructions for the insurance carrier's website that you will click to next.
 - This is important: Every school year, you will be registering your child as a <u>new</u> account!
- 4. On that web page you will find a link that will take you to an insurance company's website where you can enroll in insurance. The link may say, "Click here to enroll."
- 5. A tip about the two types of available coverage as explained in the online brochure:
 - At School Coverage: <u>Any location</u> if the injury occurred with a school-sponsored event including travel to or from the event if travel. Most band members get this.
 - o 24-Hour Coverage. any non-football accident around the clock, anywhere in the world.
- 6. After enrolling, take a screen print of your enrollment confirmation or you can print the insurance card (example below) by following the instructions on the screen.
- 7. You must turn in the printed screen print or insurance card as part of your band registration.



Assumption of Risk, Waiver, Release & Hold Harmless

COVID-19 and Voluntary Extracurricular Activities Summer 2021 and School Year 2021-22

I desire to participate or allow my child(ren) to participate in one or more voluntary extracurricular activities sponsored by the School Boar of Pinellas County, Florida, and the Pinellas County School District (collectively, "PCS"). The novel coronavirus known as COVID-19 has been declared as a worldwide pandemic and is believed to be contagious and spread by person-to-person contact. Federal, state, and local agencies recommend social distancing and other measures to prevent the spread of COVID-19.

PCS will conduct certain extracurricular activities beginning in the Summer of 2021 and continuing into the 2021-22 school year. These activities, hereinafter known as "Activity," will be conducted with safety protocols appropriate under the circumstances at the time. For the safety of all people involved, participants in the Activity will be required to adhere to all safety protocols and are subject to immediate removal from the Activity, without appeal, if they do not comply. Extracurricular activities are a privilege, and not a right, of public school students.

By signing this document below, I acknowledge and affirm all of the statements above. I also voluntarily assume all risks that I and/or my child(ren) may be exposed to or infected by COVID-19 as a result of participation in the Activity, and that such exposure or infection may result in personal injury, illness, sickness, and/or death. I understand that the risk of exposure or infection may result from the actions, omissions, or negligence of myself, my child(ren), PCS staff, volunteers, or agents, or others not listed, and I acknowledge that all such risks are known to me.

In consideration of my and my child(ren) being able to participate in the Activity, I, on behalf of myself, as well as anyone entitled to act on my behalf, hereby forever waive, release, and hold the School Board of Pinellas County, Florida, and its employees and agents harmless from any and all claims, suits, liability, actions, judgments, attorneys' fees, costs, and any expenses of any kind resulting from injuries or damages, grounded in tort or otherwise, that I and/or my child(ren), or my or our representatives, sustain during or related to my child(ren)'s participation or involvement in the Activity.

Signature of Parent/Guardian

Signature of Student

Print name of Parent/Guardian

Print name of Student

Date of signature

Date of signature